

Harbour House is a welcoming contemporary arts and wellbeing centre within the heart of Kingsbridge. We use the power of art, creativity and wellbeing practice to enrich the lives of the people of our town and surrounding communities. Our ambitious projects respond to Kingsbridge's challenges and opportunities as well as engaging with broader issues of our time. We do this through an inspiring and inclusive exhibitions and performance programme, outreach, learning and engagement activities. We also provide a range of flexible spaces dedicated to yoga, movement, and mindfulness to support and improve wellbeing.

Coming Soon

2 Dec 2023

Kingsbridge Celebrates Christmas:
**Harbour House Presents
Seaweed in the
Fruit Locker Sea Shanty
Performance**

St Luke's Hospice
1.45–2.30pm

Kingsbridge Celebrates Christmas:
**JarSquad FREE Mulled
Apple Juice**

Harbour House Gallery
12.15pm

2 Dec 2023 – 20 Jan 2024

**Rhys Morgan:
Seaweed in the
Fruit Locker**

Harbour House Gallery
Mon–Sat 10am–5pm
Xmas Closure: 21 Dec – 1 Jan



Harbour House presents Rhys Morgan's LGBTQIA+ Sea Shanty choir performing *Seaweed in the Fruit Locker* on the main stage for Kingsbridge Celebrates Christmas, with FREE local mulled apple juice and creative sustainable food workshops by social art collective JarSquad in the gallery (12-3pm).

Morgan and the *Seaweed in the Fruit Locker* choir will be performing as part of the celebrations and their performance will include traditional festive shanties and a new shanty commissioned for Kingsbridge in response to local histories. A film documenting the performance will form the heart of our new exhibition, from 2nd December until 20th January 2024. There will also be an interactive activity in our resource area at the back of the gallery for audiences to write their own sea shanties.

Seaweed in the Fruit Locker explores lost histories and queer motifs within maritime history through the tradition of shanty singing. The choir use their lived experiences to rework existing shanties and inspire new ones responding to personal stories and local histories. They have performed across the South West and beyond and have featured in *Rolling Stone*, *The Daily Telegraph* and on Radio 4's *The World at One*.

With thanks to our partners Kingsbridge Celebrates Christmas and Kingsbridge Town Council and Kingsbridge Cookworthy Museum for their support. Seaweed in the Fruit Locker was commissioned by MIRROR, Arts University Plymouth in 2022.

Workshops

Rhys and the choir will be offering workshops to local LGBTQIA+ youth groups in Kingsbridge to create and sing their own takes on sea shanties, celebrating their lived experiences in joyful and musical ways.

JarSquad

JarSquad is a local, ongoing social art project turning surplus food into different preserves and jams; connecting the dots between food waste, climate action, and combating social isolation. The project not only explores a deep interest in tasty food, but also starts conversations around how we could be more active in promoting circular systems of food production, preservation, and communal abundance. They will be sharing their dried fruit produce and local mulled apple juice 12-3pm in the gallery, as part of Kingsbridge Celebrates Christmas.

www.rhysmorganartist.com
[@seaweedshanties](https://www.instagram.com/seaweedshanties)
www.jarsquad.com
[@wearejarsquad](https://www.instagram.com/wearejarsquad)

2 Feb – 9 Mar 2024

Bowland Beth: Catherine Seymour and David Lefeber with Zoe Arshamian, Rob Godman and David Harsent

Harbour House Gallery
Mon–Sat 10am–5pm

Bowland Beth is a collaboration between Kingsbridge-based choreographer Catherine Seymour and film maker David Lefeber, inspired by the poem 'Bowland Beth' by David Harsent, with a score composed by Rob Godman and danced by Zoe Arshamian. The poem is an elegy to Beth, a Hen Harrier born and tagged on the wild moors of the Forest Bowland, Lancashire and illegally shot before she could breed.

David Lefeber is a classical-music record producer/sound engineer and filmmaker, specialising in performance arts. His practice includes music-performance films and arts documentaries. Catherine Seymour is a local choreographer and resident yoga teacher at Harbour House. The intersection between arts and music is at the heart of her choreography practice.

Sky Dancer Workshops

Catherine will be leading several workshops relating to the exhibition and exploring the flight and life of the Hen Harrier and other birds via mark making and movement. We will be working with primary school children, students at KCC, and the over 55s, and finally an intergenerational workshop. We are working with an access specialist to ensure this experience is open to all, no dance experience required. We will share more information about these on our social media channels.



14 Mar – 23 Mar 2024

Kingsbridge Community College Sixth Form Show: Sixth Sense

Harbour House Gallery
Mon–Sat 10am–5pm

As part of Harbour House and Kingsbridge Community College continued partnership, KCC A-level students will be curating and installing an exhibition of their work across a range of media.

Year 12 students have focused on developing responses to the themes of 'Figures & Forms' 'Expressive Portraiture' and 'Still Life'. During the first 7 weeks of the A Level Art course, students took part in weekly Life Drawing classes held at Harbour House. This opportunity has enabled the students to explore an important art tradition and improve their observational skills. In Year 13, students pursue their own 'Personal Investigation' theme, exploring and developing their own ideas and practices informed by researching a range of artists & photographers.

Our Sixth Sense A Level exhibition will showcase a wide range of creative ideas, mediums and techniques explored by these talented sixth form students.



The Team

Amy Dickson

Director, Harbour House and CEO, Harbour House Trust

Amy joined the team in January 2022 and has worked as a curator for over 20 years including at Tate Modern, Tate Liverpool, National Galleries of Scotland and ARTIST ROOMS, where she worked with numerous regional arts organisations across the UK. She is also a qualified yoga teacher and yoga teacher trainer and is passionate about making contemporary art and movement accessible and inclusive for all.

Beth Richards

Education and Engagement Curator

Beth is a curator, artist, and researcher with a focus on making exciting art projects happen in partnership with communities. When not at Harbour House, Beth co-directs Rame Projects - an artist-led project space in South East Cornwall, and lectures across art programmes at universities and colleges across the South West.

Elaine Sinclair

Assistant Curator

Elaine is a curator and producer based in Plymouth, working as Assistant Curator at MIRROR gallery in Plymouth alongside her role at Harbour House. Elaine is passionate about making the arts more accessible and engaging local communities in contemporary art practices.

Emma Cook

Operations Manager

Emma has worked for the Trust for over 20 years, growing into the role of Operations Manager. Coming from a creative background, Emma is also a printmaker exhibiting locally and online and in 2021 won the Theo Paphitis Small Business Sunday (#SBS) award.

Sophie Darling

Administrator

Sophie has been teaching weekly yoga classes at Harbour House for almost 11 years and joined the office team in 2019 where her upbeat personality, extensive front of house experience, organisational skills and love of working with people shine through in both her administrative work and her role overseeing our brilliant new front of house team. She has seen firsthand how creative and wellbeing activities can positively enhance the quality of life of people in our community. She is proud to be part of a team which has the wellbeing of others at its heart.

Polly Agar

Manager, Bala Brook

Polly brings an abiding love of nature to her role as the manager of our retreat centre at Bala Brook on Dartmoor. Her aim is to create a haven of peace where visitors to the centre can find a deep connection to the world around them.

Front of House Team

We are delighted to have a dedicated and talented Front of House Team who bring a wealth of knowledge and experiences to the gallery. Alice, Caroline, Juliet, Lucy, Mel, Phoebe, Sarah and Sophie provide a warm welcome and a wealth of information about our contemporary exhibitions and programmes, supporting our visitors in their gallery experience.